

Evidence based Polypharmacy reviews and the 7 step process



A new accredited* Polypharmacy training course is available (*3 points of external CPD by Royal College of Physicians, United Kingdom).

The training equips healthcare professionals including doctors, nurses and pharmacists to undertake comprehensive person-centred medicines reviews.

The training includes material on optimising and rationalising medicines using the '7 steps' medication review process. The '7 steps' is centred on what matters to the patient and the effective use of medicines.

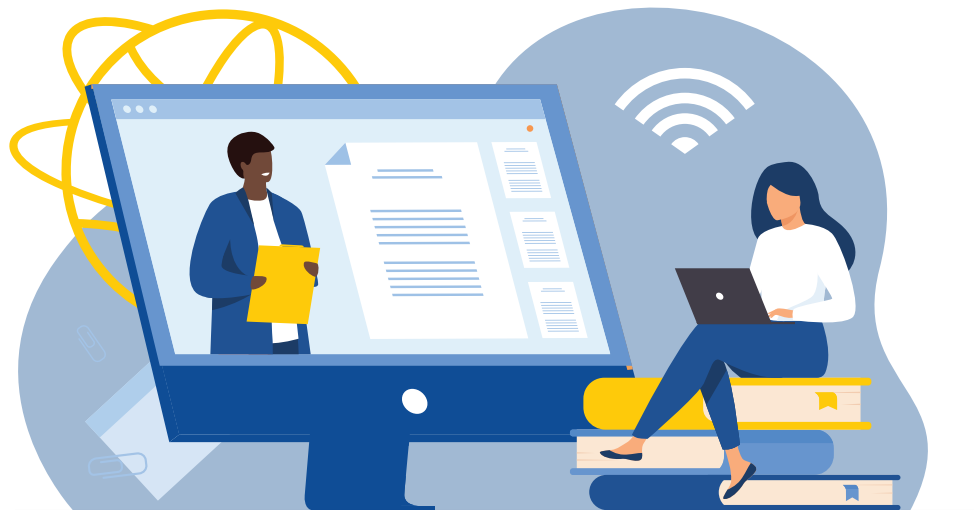
Three 45 minute modules are included to allow completion at your own pace followed by a series of webinars and additional input available if required.

The training can be accessed at NHS Education for Scotland at learn.nes.nhs.scot/59670 if you do not have an account, please follow the instructions below to create one.

This training has been developed as part of the iSIMPATY Project (implementing Stimulating Innovation in the Management of Polypharmacy and Adherence Through the Years), a project funded by Interreg reducing patient harm and maximising benefit from prescription medicines through promotion of the 7 step polypharmacy medication review process.

For more information about iSIMPATY visit www.isimpathy.eu

iSIMPATY is supported by the European Union's INTERREG VA Programme and managed by the Special EU Programmes Body (SEUPB).



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Modules:

ONE – Why should we address Polypharmacy

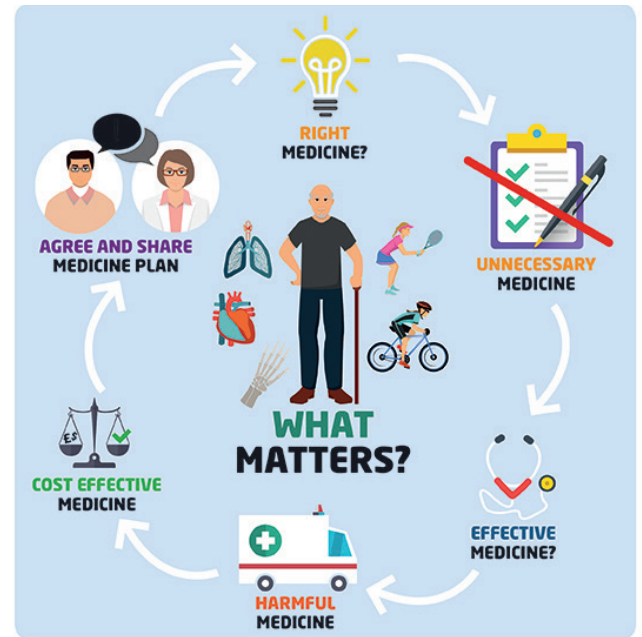
- Definition and dangers of Polypharmacy
- Medication Adherence
- Adverse Drug reactions
- Criteria for selection for Polypharmacy reviews
- Short introduction to the '7 step' medication review process

TWO – 7 Steps Methodology

- The 7 Step Medication review process
- Numbers Needed to Treat
- The 7 steps review process in practice
- High risk medicines combinations

THREE – Change Methodology and Numbers Needed to Treat

- Implementing Change Methodology,
- Case study example of the 7 steps in practice
- 'Understanding NNT's' - Numbers Needed to Treat



Suitable for Healthcare Professionals including:

- Hospital doctors in training and Consultants
- General Practitioners and GP trainees
- Geriatricians and trainee Geriatricians
- Nurses, Clinical Nurse Specialists, Nurse Prescribers and Advanced Nurse Practitioners.
- Allied Health Professionals with an interest in prescribing
- Pharmacists
- Physician Associates
- Paramedics



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Registration Instructions for iSIMPATY's

Evidenced Based Polypharmacy Reviews and the 7 Step Process Training

The training is hosted on the NHS Turas Learning Platform, which is a digital platform developed by NHS Education for Scotland to support health and care professionals working in the public sector.

If you do not have a Turas account, you will be required to register. Please click on the URL below and follow the instructions provided.

URL: <https://learn.nes.nhs.scot/>

If you experience any issues, please contact EPandT@gov.scot

Step by Step guide

1. Click on the URL provided above

2. Select Register

3. Provide your Email address

4. Confirm your Email address

5. Provide your Forename

6. Provide your Surname

8. Create a Password

9. Select a Sector (select a Trust) – (If you are outside of Scotland select International)

10. Select an Organisation – (Select the most relevant option)

11. Select a Professional Group - (Although not required by the system, please input)

12. Select a Professional Role – (Although not required by the system, please input)

13. Once you have registered, search for iSIMPATY using the search box.
Course name: Evidence Based Polypharmacy Reviews and the 7 Step Process.

Please note: This course was funded by Special EU Programmes Body (SEUPB). It is important for the project to capture how many participants are undertaking the course, and from which area.