

Medicine Reviews and the 7 steps approach





What matters to you?

Your medicine review will look at what matters to you. What do you need your medicines to help you with, and are there any important aspects of your life that your medicines would stop you from enjoying.



Right medicine?

What medicines are you taking? Make sure you have a full list of all the medicines you take, including those that you have bought which might be herbal, prescribed or traditional remedies.



Unnecessary medicine

Are there any you no longer need to take? For example has your pain resolved?



Effective medicine?

Are the medicines helping to control your symptoms so that you feel better? Or are they managing a condition such as high blood pressure?



Harmful medicine

Are you having any side effects or are the medicines impacting on your daily life?



Cost Effective medicine

Is there a more cost effective alternative that will still be just as effective or better for you?



Agree and Share Medicine Plan

Check you are happy and understand the treatment plan agreed at your review and that it supports what matters to you.