

# Training Session - Evidence based polypharmacy reviews and the 7 steps process



Hybrid Event: Attendance in person or by Video Conference

Venue: Lecture Theatre, Education Centre, Dumfries & Galloway Royal Infirmary

Date and time: 11th January 2023, 18:00 - 21:00, food and refreshments at 18:00

The training equips healthcare professionals including doctors, nurses and pharmacists to undertake comprehensive person-centred medicines reviews.

## Modules:

### ONE – Why should we address polypharmacy

- Definition and dangers of polypharmacy
- Medication adherence
- Adverse Drug reactions

### TWO – 7 Steps Methodology

- The 7 Step methodology

### THREE – Change Methodology and Numbers Needed to Treat (NNT)

- Implementing Change Methodology
- Case study example of the 7 steps and NNT in practice



Educators:

- Dr. Greycy Bell, Deputy Medical Director, NHS Dumfries and Galloway
- Dr. Alpana Mair, Head of Effective Prescribing & Therapeutics Division at Scottish Government
- Dr. Martin Wilson, Consultant Geriatrician at NHS Highlands, Scotland

Suitable for Healthcare Professionals including:

- Hospital doctors in training and Consultants
- General Practitioners and GP trainees
- Geriatricians and trainee Geriatricians
- Nurses, Clinical Nurse Specialists, Nurse Prescribers and Advanced Nurse Practitioners
- Allied Health Professionals with an interest in prescribing
- Pharmacists
- Physician Associates
- Paramedics

**TO REGISTER:** please register your interest to: [dg.pcd@nhs.scot](mailto:dg.pcd@nhs.scot)

For more information about iSIMPATY visit [www.isimpathy.eu](http://www.isimpathy.eu)

#isimpathyDG23